

# HWSA Dolphins - August 2024 – [www.hwsadolphins.org](http://www.hwsadolphins.org) – **NOT OFFICIAL**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p><b>Notes:</b> there will be added practices at Lake Manteno for those attending Illinois Open Water State. Those days/times will be announced when we get closer to the end of the season.</p>				<u>1</u> <b>at Palos Pool</b> Elite/4: 6:45a – 8:30a G3: 7:30a – 8:45a	<u>2</u> <b>at Palos Pool</b> Elite/4: 6:45a – 8:30a G3: 7:30a – 8:45a	<u>3</u> <b>at Palos Pool</b> Elite/4: 6:45a – 8:30a G3: 7:30a – 8:45a
<u>4</u>	<u>5</u> <b>at Palos Pool</b> Elite/4: 6:45a – 8:30a G3: 7:30a – 8:45a	<u>6</u> <b>Illinois Open Water State @ Lake Manteno</b> W-Ups: 7:00a First Race: 8:00a	<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>
<u>13</u>	<u>14</u>	<u>15</u>	<u>16</u>	<u>17</u>	<u>18</u>	<u>19</u>
<u>20</u>	<u>21</u>	<u>22</u>	<u>23</u>	<u>24</u>	<u>25</u>	<u>26</u>
<u>27</u>	<u>28</u>	<u>29</u>	<u>30</u>	<u>31</u>		