



Team Travel Policy for Hickory Willow Swim Association

Purpose: Athletes are most vulnerable to misconduct during travel, particularly overnight stays. This includes a high risk of athlete-to-athlete misconduct. During travel, athletes are often away from their families and support networks, and the setting – new changing areas, locker rooms, workout facilities, automobiles and hotel rooms – is less structured and less familiar.

Team Travel is defined as overnight travel to a swim meet or other team activity that is planned and supervised by the club or LSC.

Section 1 - USA Swimming Required Policies

These items are Code of Conduct stipulations in the USA Swimming Rulebook.

- a. Club travel policies must be signed and agreed to by all athletes, parents, coaches and other adults traveling with the club. (305.5.D)
- b. Team managers and chaperones must be members of USA Swimming and have successfully passed a USA Swimming-administered criminal background check. (305.5.B)
- c. Regardless of gender, a coach shall not share a hotel room or other sleeping arrangement with an athlete (unless the coach is the parent, guardian, sibling, or spouse of that particular athlete). (305.5.A)
- d. When only one athlete and one coach travel to a competition, the athlete must have his/her parents' (or legal guardian's) written permission in advance to travel alone with the coach. (305.5C)

Section 2 - Further Policies Beyond the Rulebook

- a. During team travel, when doing room checks, attending team meetings and/or other activities, two-deep leadership and open and observable environments should be maintained.
- b. Athletes should not ride in a coach's vehicle without another adult present who is the same gender as the athlete, unless prior parental permission is obtained.
- c. During overnight team travel, if athletes are paired with other athletes they shall be of the same gender and should be a similar age. Where athletes are age 13 & over, chaperones and/or team managers would ideally stay in nearby rooms. When athletes are age 12 & under, chaperones and/or team managers may stay with athletes. Where chaperones/team managers are staying in a room with athletes, they should be the same gender as the athlete and written consent should be given by athlete's parents (or legal guardian).
- d. Chaperones for HWSA travel meets MUST be USA Swimming non-athlete members, with up to date athlete protection training and background checks.
- e. When only one athlete and one coach travel to a competition, at the competition the coach and athlete should attempt to establish a "buddy" club to associate with during the competition and when away from the venue.
- f. To ensure the propriety of the athletes and to protect the staff, there will be no male athletes in female athlete's rooms and no female athletes in male athlete's rooms (unless



- the other athlete is a sibling or spouse of that particular athlete).
- g. A copy of the HWSA Code of Conduct must be signed by the athlete and his/her parent or legal guardian.
 - h. HWSA officials should obtain a signed Liability Release and/or Indemnification Form for each athlete.
 - i. HWSA officials should carry a signed Medical Consent or Authorization to Treat Form for each athlete.
 - j. Curfews shall be established by HWSA staff each day of the trip.
 - k. Team members and staff traveling with the team will attend all team functions including meetings, practices, meals, meet sessions, etc. unless otherwise excused or instructed by the head coach or his/her designee.
 - l. The directions & decisions of coaches/chaperones are final.
 - m. Swimmers are expected to remain with the team at all times during the trip. Swimmers are not to leave the competition venue, the hotel, a restaurant, or any other place at which the team has gathered without the permission/knowledge of the coach or chaperone.
 - n. When visiting public places such as shopping malls, movie theaters, etc. swimmers will stay in groups of no less than three persons. 12 & under athletes will be accompanied by a chaperone.
 - o. The Head Coach or his/her designee shall make a written report of travel policy or code of conduct violations to HWSA leadership and the parent or legal guardian of any affected minor athlete.

Additional Safety Guidelines

- a. Additional guidelines to be established as needed by the coaches.
- b. Respect the privacy of each other.
- c. Only use hotel rooms with interior entrances.
- d. Must wear seat belts and remain seated in vehicles.

Additional Behavior Guidelines

- a. Be quiet and respect the rights of teammates and others in hotel.
- b. Be prompt and on time.
- c. Respect travel vehicles.
- d. Use appropriate behavior in public facilities.
- e. Respect established curfews – one for in own rooms and one for lights out.
- f. Must stay in assigned hotel room.

Additional Financial Guidelines

- a. No room service without permission.
- b. Swimmers are responsible for all incidental charges.
- c. Swimmers are responsible for any damages or thievery at hotel.
- d. Swimmers and coaches must participate in contracted group meals.

Additional General Guidelines



- a. All athletes are eligible for travel meets provided they have qualifying times.
- b. All athletes age 12 or younger should have a parent/guardian present at travel meets. In the absence of a parent/guardian, a chaperone may be provided.
- c. Parent(s) are responsible for getting swimmer(s) to stated departure point.

Code of Conduct

All team members, team staff, and parents of minors have been apprised in writing of the HWSA Code of Conduct and the attached USA Swimming Code of Conduct. A signature on or electronic approval of this document constitutes unconditional agreement to comply with the stipulations of both documents. Travel meets have the following additional requirements to the HWSA and USA Swimming Code of Conduct.

- a. No “deck changes” are permitted. Athletes are expected to use available change facilities.
- b. Team members are reminded that when competing in meets, traveling on trips, and attending other meet-related functions, they are representing both themselves and the Hickory Willow Swim Association. Athlete behavior must positively reflect the high standards of the club.
- c. Swimmers are to refrain from inappropriate physical contact at team activities and events.
- d. Swimmers are to refrain from use of inappropriate language.
- e. Failure to comply with the Code of Conduct as set forth in this document may result in disciplinary action. Such discipline may include, but may not be limited to:
 1. Dismissal from the trip and immediate return home at the athlete’s expense;
 2. Disqualification from one or more events, or all events of competition;
 3. Disqualification from future team travel meets;
 4. Financial penalties;
 5. Dismissal from the team; and/or
 6. Proceedings for a LSC or USA Swimming National Board of Review.